

CAMPER PACKING LIST

All clothing should suffice for seven days and six nights. Any items from the 'What Not to Bring' list will be confiscated and returned to the camper at the end of camp. All clothing must be modest (this means no cleavage or buttocks showing for girls, and no underwear or buttocks showing for boys), and must not contain messages about drugs / alcohol, or any reference that could be construed as violent, racist, homophobic, sexist, or sexual in nature. Camp Phoenix is not responsible for lost or damaged possessions, so please use discretion in bringing anything expensive / valuable (monetarily or emotionally). Please mark all items with camper's name. Younger campers may want to have each day's clothes in a separate gallon size Ziploc.

WHAT TO BRING

CLOTHES:

- T-shirts / tank tops
- Shorts
- Socks
- Underwear
- Jeans (1 pair for horseback riding)
- Long pants (1 pair for special activities)
- Pajamas
- Sweatshirt
- Poncho / raincoat
- Swimsuit (***one-piece*** for girls, no Speedos for boys)
- Tennis Shoes
- One additional pair of closed-toe shoes
- Flip flops (for shower)
- Water Shoes (optional)

TOILETRIES:

- Soap
- Shampoo / conditioner
- Deodorant
- Toothbrush / toothpaste
- Feminine hygiene products (if needed)
- Sunscreen
- Bug Repellent
- Towels (one for showering; one for swimming)

PERSONAL ITEMS:

- Bedding – sleeping bag and / or sheets, blanket and pillow
- Waterbottle – marked with name!
(*this is important – we want you to stay hydrated!)
- Flashlight
- Plastic trash bag for wet / dirty clothes
- White clothing item for tie-dye (must be 100% cotton)
*t-shirt or bandana work best
- Journal (optional)
- Materials to Write Home (optional)
- Books / reading materials (optional)
- Camera (optional)

FOR RETURNING CAMPERS:

- Camp Phoenix cross necklace
- Camp Phoenix lanyard for nametag (if you still have one)

MEDICATION:

Please do not pack medication in your luggage. Meds, including over-the-counter products, should be placed (in original containers) in a plastic bag with the camper's name and appropriate dosage on the outside of the bag. All medication will be collected during registration, and will be given to the camp nurse to dispense. Inhalers will be given to cabin counselors, to be held in first-aid packs.

WHAT NOT TO BRING

- ⊗ Food, including gum and candy
- ⊗ Lighters / matches
- ⊗ Swiss Army Knives
- ⊗ Any type of weapon
- ⊗ iPod or mp3 players
- ⊗ Cell phones
- ⊗ Laptops
- ⊗ Anything illegal
- ⊗ Pets
- ⊗ Money